

| Year                           | Day 1  | Day 2               | Day 3   | Day 4                 | Day 5   | Day 6                | Day 7   | Day 8                     | Day 9  |  |   |  |
|--------------------------------|--|---------------------|---|-----------------------|---|----------------------|---|---------------------------|--|--|---|--|
| Pastoral and Citizenship dates | 6th October<br>1+2   | 27th October<br>1+2 | 24th November<br>P4+5   | 11th December<br>P3+4 | 8th January<br>P2+3   | 9th February<br>P4+5 | 29th February<br>P2+3   | 12th April<br>P3+4        | 4th July<br>P1-3   |  |   |  |
| Term                           | Autumn 1 / Advent 1  |                     | Autumn 2 / Advent 2   |                       | Spring 1 / Lent 1   |                      | Spring 2 /<br>Lent 2  | Summer 1 /<br>Pentecost 1 | Summer 2 /<br>Pentecost 2  |  |   |  |
| Themes for each Half term      | <p><i>Gospel values:</i><br/><b>Purity &amp; Holiness (Humility &amp; Gentleness)</b></p> <p><i>British values:</i><br/><b>Tolerance</b></p> <p><i>Character Focus:</i><br/><b>Spiritual And Prepared for the Next Stage</b></p> <p><i>Catholic Social Teachings:</i><br/><b>Human Dignity Dignity of work and rights of the workers</b></p> |                     | <p><i>Gospel Values:</i><br/><b>Dignity and Compassion</b></p> <p><i>British value:</i><br/><b>Mutual Respect</b></p> <p><i>Character Focus:</i><br/><b>Happy and Physically Healthy Safe Mentally Healthy</b></p> <p><i>Catholic Social Teachings:</i><br/><b>Solidarity and The Common Good</b></p> |                       | <p><i>Gospel Values:</i><br/><b>Faithfulness &amp; Integrity</b></p> <p><i>British value</i><br/><b>Individual liberty</b></p> <p><i>Character Focus:</i><br/><b>Confident in self and own ability</b></p> <p><i>Catholic Social Teachings:</i> <b>Family and Community</b></p> |                      | <p><i>Gospel Values:</i><br/><b>Mercy &amp; Forgiveness (Sacrifice &amp; Service)</b></p> <p><i>British value</i><br/><b>Mutual respect and democracy</b></p> <p><i>Character Focus:</i><br/><b>Equal to Others Sense of Duty</b></p> <p><i>Catholic Social Teachings:</i><br/><b>Right and responsibilities</b></p> <p><b>Preferential Option for the Poor (Participation)</b></p> |                           | <p><i>Gospel Values:</i><br/><b>Tolerance &amp; Peace</b></p> <p><i>British value</i><br/><b>Tolerance</b></p> <p><i>Character Focus:</i><br/><b>Respect to Others</b></p> <p><i>Catholic Social Teachings:</i><br/><b>Promoting Peace</b></p> |  | <p><i>Gospel Values:</i><br/><b>Justice and Truth</b></p> <p><i>British value</i><br/><b>Democracy</b></p> <p><i>Character Focus:</i><br/><b>The self-regulated critical thinker</b></p> <p><i>Catholic Social Teachings:</i><br/><b>Stewardship (distributive justice)</b></p> |  |

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| <b>Year 7</b>  | Unit 1 RSE – Who Am I? RSE (10/10) | Unit 2 RSE – Changing Bodies (10/10)<br><br>Online safety 2hrs                   | Unit 3 RSE – Healthy inside and out (10/10)<br><br>Drugs, alcohol and tobacco 2hrs  | Unit 4 RSE – Where we come from            | Unit 5 RSE – Family and Friends<br><br>Health and prevention 2hrs             | Unit 6 – RSE – My Life on Screen   | Unit 7 – RSE – Living Responsibly                     | Facts of life – Cinema RSE<br><br>Citizenship 1 2hrs         | Citizenship Finance /Wellbeing – 2hrs |
| <b>Year 8</b>  | Unit 1 RSE – Created and chosen    | Unit 2 RSE – Appreciating differences / discrimination<br><br>Online safety 2hrs | Unit 3 – RSE – Feelings<br><br>Drugs, alcohol and tobacco 2hrs                      | Unit 4 – Tough Relationships – RSE         | Unit 5 – RSE – Think Before You Share – RSE<br><br>Health and prevention 2hrs | Unit 6 – Wider World – RSE         | Unit 7 – Before I was Born RSE                        | The Trouble with Max – Cinema RSE<br><br>Citizenship 1 2hrs  | Citizenship Finance /Wellbeing – 2hrs |
| <b>Year 9</b>  | Unit 1 RSE – The Search for Love   | Unit 2 RSE – Love people, Use things<br><br>Online safety 2hrs                   | Unit 3 – RSE – In Control of My Choices<br><br>Drugs, alcohol and tobacco 2hrs      | Unit 4 - RSE - Fertility and Contraception | Unit 5 – RSE – Marriage<br><br>Health and prevention 2hrs                     | Unit 6 – RSE – One Hundred Percent | Unit 7 – RSE – Knowing my rights and responsibilities | Love, Honour, Cherish – Cinema RSE<br><br>Citizenship 1 2hrs | Citizenship Finance /Wellbeing – 2hrs |
| <b>Year 10</b> | Unit 1 RSE – Authentic Freedom     | Unit 2 – RSE – Self-Image<br><br>Online safety 2hrs                              | Unit 3 – RSE - Beliefs, Values and Attitudes<br><br>Drugs, alcohol and tobacco 2hrs | Unit 4 – RSE - Parenthood                  | Unit 5 RSE – Pregnancy and Abortion<br><br>Health and prevention 2hrs         | Unit 6 – RSE - Abuse               | Unit 7 – RSE – Solidarity                             | Safe Sex / Babies – Cinema RSE<br><br>Citizenship 1 2hrs     | Citizenship Finance /Wellbeing – 2hrs |

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| <p><b>Year 11</b></p> | <p>Unit 1 – Self-Worth - RSE</p> | <p>Unit 2 – RSE – Addiction</p> <p>Online safety<br/>2hrs</p> | <p>Unit 3 – RSE – Eating Disorders</p> <p>Drugs, alcohol and tobacco<br/>2hrs</p> | <p>Unit 4 – RSE - Birth Control</p> | <p>Unit 5 – RSE - Pornography</p> <p>Health and prevention</p> <p>Physical health, fitness and healthy eating 2hrs</p> | <p>Unit 6 – RSE – STIs</p> | <p>Unit 7 – RSE – Coercive Control</p> <p>Citizenship / Finance /Wellbeing – 1hrs</p> | <p>Truth and Lies – Cinema RSE</p> <p>Citizenship 1<br/>1hrs</p> | <p>Exams/Study Leave</p> |
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