"In our College we value and respect every person as a child of God, as we grow together in faith, knowledge, understanding and love to serve the community." Our mission is summarised in the motto 'Know Yourself'. As part of this process, we guide and encourage all students to achieve academic excellence and ensure their God-given gifts and talents flourish through a rich tapestry of extra-curricular and enrichment opportunities.

Personal Development at 'Painsley Catholic College'

Catholic Social Teaching and the **Painsley Way**

Spiritual, Moral and Social

Safeguarding, Well-being, Safety awareness and Resilience

At Painsley, safeguarding, well-being, and resilience are integral to our ethos, guided by our Catholic principles. Our dedicated team, including safeguarding leads, counsellors, mentors, Emmaus tutors and an individualised pastoral structure ensures support for students throughout the day and beyond, offering personalised provision that encourages our students to prosper. We also offer nurture rooms and guidance from student leaders, the Faith in Action group and the Chaplaincy team. Through our Painsley Personal Development programme and visiting speakers, students develop resilience, fostering a safe and nurturing environment that helps students flourish and thrive.

Link to more: _____

Prayer, Chaplaincy and Retreats

Painsley offers outstanding Chaplaincy provision, led by a dedicated lay chaplain alongside the College chaplain. The Chaplaincy team organises numerous liturgical and spiritual opportunities for all students, with the College chapel serving as a beacon of prayer. Students from Year 7-10 participate as Chaplaincy Crew, while Year 11-13 students serve as Chaplaincy Leaders. They play a lead in organising liturgies, leading prayers, and representing the college at various Masses and liturgies. Retreats, outreach to primary schools, and weekly chaplaincy meetings enrich their spiritual journey, fostering a vibrant faith community rooted in service, individual growth and adoration.

Link to more: _____

Anti-bullying and Respect for others

At Painsley, our mission to uphold human dignity as children of God shapes our approach to anti-bullying. Guided by gospel values and Catholic social teaching, our ethos promotes a safe and respectful environment. Comprehensive policies, pastoral support, and curriculum integration ensure anti-bullying education is ingrained in our family. We actively engage students through Emmaus time discussions, theatre presentations, and dedicated curriculum topics, fostering empathy, resilience, and a commitment to standing against bullying. Our efforts, monitored and evaluated regularly, reflect our dedication to nurturing a culture of compassion and solidarity rooted in our Catholic faith, allowing students to promote peace.

Link to more: _____

Self-Improvement

PSHE/RSE/RSHE – Personal Development Programme

At Painsley, our Painsley Personal Development programme, overseen by a MAC-wide working group, is integral to nurturing students' holistic development embedded in Catholic values. Informed by 10/10 resources and the PSHE association, our comprehensive curriculum mapping (which stretches from KS1 all the way to KS5) and regular reviewing ensures compliance and relevance. Feedback from stakeholders enhances effectiveness, while guest speakers enrich learning experiences. Ongoing staff training underscores our commitment to providing informed guidance and support. Our PSHE curriculum not only meets statutory requirements but also fosters the spiritual, moral, and personal growth of our students, reflecting our Catholic ethos.

Link to more: _____

Careers

At Painsley, our commitment to careers guidance reflects our dedication to nurturing students' vocations and fulfilling their potential in alignment with Catholic values. A dedicated IAG team ensures we meet the Gatsby benchmarks as they coordinate comprehensive career planning, ensuring the integration of vital information and events throughout the academic year. These initiatives underscore our belief in guiding students towards fulfilling their professional aspirations as they engage in preparation, work experience and a bespoke careers programme tailor to each year group, all with the aim of fostering a sense of purpose and service in their chosen paths.

Link to more: _____

Character Curriculum

At Painsley, our character curriculum explores virtues essential for whole-person development, complementing academic education with moral and ethical growth rooted in Catholic teachings. Each half term focuses on specific behaviours, fostering traits like respect, responsibility, and kindness – all focuses are informed by our 'Catholic Social Teachings'. Through regular engagement in Emmaus time, Acts of Worship, and our Personal Development sessions (PSHE/RSHE/RSE), students reflect on and embody these values. This holistic approach nurtures students to become self-regulated role models not only academically but also spiritually and morally, preparing them to lead purposeful lives guided by Catholic principles.

Link to more: _____

Cultural Capital

Extra Curricular

At Painsley, extra-curricular activities embody a holistic approach to education, echoing Catholic principles of developing the whole-person. Through clubs, sports, and events, students cultivate teamwork, creativity, and leadership skills, enriching their educational journey. This inclusive engagement develops community and competition, empowering students to explore and develop their diverse God-given talents and passions. We also offer a cultural capital week that provides opportunities beyond the classroom.

Link to more: _____

Trips, Competitions and Enrichment

At Painsley, our commitment to holistic development extends beyond academics through a rich tapestry of trips, competitions, and workshops. We provide opportunities through the Duke of Edinburgh Award, the National Citizenship Service and Lions volunteering but we also offer our own diverse opportunities for students to thrive. These initiatives reflect our Catholic ethos of nurturing the whole person. Our 'Flagship Vehicles' also prioritise culturally and historically significant trips, visits and opportunities so that student truly embody the concept 'Know Yourself'.

Link to more: _____

Key Dates and Events

At Painsley, key dates and events are honoured with reverence and reflection, often integrated into Emmaus time sessions to instil their significance. Many occasions and Catholic events, such as '*Remembrance Day', Harvest, Easter, 'anti-bullying week'* and '*Black History Month' (and many others),* receive special attention, with students actively participating in commemorations. Through Emmaus discussions and Painsley Personal Development sessions students engage with a variety of significant dates such as *'Safer Internet Day'* and '*Mental Health Awareness Week'*, fostering awareness and empathy in accordance with our Catholic values.

Link to more: _____