Families' Health and Wellbeing Service (0-19)

Midlands Partnership NHS Foundation Trust
A Keele University Teaching Trust

We now have a text messaging service for parents/carers of children aged 0-19 who live in Staffordshire.

Get advice from our Public Health nurses (Health Visitors and School Nurses).

TEXT: 07520 615722

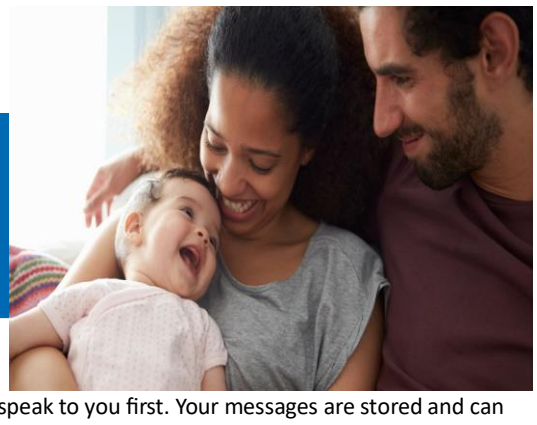
Feeding and nutrition

Child development

Parenting advice and support

Emotional health and wellbeing

Behaviour difficulties



Family health

ChatHealth

We might inform someone if we were concerned about your safety but we would usually speak to you first. Your messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we have received your text. Texts will only be seen between 9am and 5pm. If you need help before you hear back from us contact your GP, nearest walk in centre or dial 111. Our text number does not receive voice calls or MMS picture messages.

We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and

some 'number masking' mobile apps). To prevent the health visitor from sending messages to you, text STOP to our number. Messages are charged at your usual rates.